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## **Ashi-waza - Compilation**

A compilation of judo ashi waza foot sweeps. A compilation of judo ashi waza foot sweeps. Skip navigation ... 40 Judo Techniques in 5 mn with the Superstars - Duration: 5:38. Judo On Line ...

## **ashi waza**

Judo techniek, Ashi-waza (Beenworpen). Alle Ashi-waza technieken binnen het Judo, Onderdeel van het Tachi-waza/Nage-waza. ... 3 fast and effective ashiwaza techniques - Duration: 2:13.

## **Judo techniek - Ashi-waza**

Description: Kodokan film of Shimewaza (Choking Techniques) including variations and applications in major competitions.

## **Kodokan Shimewaza**

Hamada Shori (JPN) put on a ne-waza masterclass to defeat Mayra Aguiar (BRA) to win -78kg gold in Germany.

## **Ne-waza masterclass by Hamada**

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## **Shori**

3 fast and effective ashiwaza techniques. For more videos visit <http://www.universityofjudo.com> If you liked it why not leave a comment and share it with you...

## **3 fast and effective ashiwaza techniques**

This is one of the 'Judo Masterclass Techniques' series of books. If you don't already own these books, start saving up right now... Ippon Books charges a pretty penny for these, I got lucky on a Christmas sale and picked up all 14 of them for \$225. They are all at least as good as anything you'll be able to find anywhere else, and mostly superior. They are all written by acknowledged experts of the techniques being discussed.

## **Ashiwaza | BestJudo.com**

This video analyzes the Kinshi Waza or Forbidden Techniques of Kodokan Judo.

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## **Kinshi Waza (Forbidden Techniques) of Kodokan Judo**

Ashi-waza techniques demonstrated by Misaki Iteya at a masterclass held at the National Judo Centre, Cardiff (June 2010). Dr Iteya has coached at Tsukuba, Texas A&M, and Tokyo Gakugei Universities.

## **Judo - Ashi-waza compilation demonstrated by Misaki Iteya (JPN)**

Ashiwaza Judo Masterclass Series This comprehensive volume on foot techniques is by double World Champion, Nobuyuki Sato, who was known and feared for his effective ashiwaza.

## **Masterclass Series - Fighting Films**

Just like the other reviewer, I am a tall and slim Judoka, and as such, tend to gravitate towards ashiwaza throws. The entire 'Judo Masterclass Techniques' range are excellent, and this book is certainly no exception. First a quick note about the author for those of you who

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are not familiar with him.

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